

February 2017

City Council Members:

- Ron Bigelow, Mayor
- Don Christensen, At-Large
- Lars Nordfelt, At-Large
- Tom Huynh, District 1
- Steve Buhler, District 2
- Karen Lang, District 3
- Steve Vincent, District 4

Public Meetings:

City Council - first four Tuesdays of the month at 6:30 p.m. in the Council Chambers.

Planning Commission - second and fourth Wednesday of the month at 4 p.m. in the Council Chambers.

City Phone Numbers:

Main Number	801-966-3600
Police Dispatch	801-840-4000
Fire Department	801-963-3336
Emergency	911
Fitness Center	801-955-4000
Garbage	801-955-3720
Storm Water Utility	801-963-3334
Code Enforcement	801-963-3289

Website:

www.wvc-ut.gov

City Hall Address: West Valley City Hall 3600 S. Constitution Blvd. WVC, UT 84119

City Hall Hours: Monday – Thursday 7 a.m. – 6 p.m.









West Valley City Recycling







Did you know that nearly 90% of what we throw away could potentially be recovered through reuse, recycling or composting? Recycling helps save landfill space and reduces disposal costs at our local landfill. In addition to curbside pickup, West Valley City provides glass, electronics, and car seat recycling at the West Valley City Sanitation building located at 2805 South 3600 West. Electronics and cars seats may be dropped off Monday through Thursday, from 7 AM to 6 PM; glass may be dropped off in the collection bin 24 hours per day.

Learn more at www.wvc-ut. gov/recycling.

What happens to recycled materials?

- Glass bottles become new glass bottles.
- Aluminum cans are turned back into aluminum cans. and can be recycled almost indefinitely.
- Steel cans are used in other steel products such as car parts and construction materials,
- and can also be recycled over and over again.
- Plastic bottles are recycled into carpet, clothing, auto parts, and new bottles.
- Paper is recycled into new paper. Some grades of paper can be recycled up to seven times.

What can be recycled?

YES

- Recyclable plastic containers
- Steel/tin/aluminum items
- Newspapers with no plastic wrap
- Junk mail
- Catalogs
- Phone books
- Magazines without wrappers
- Flattened cereal/snack boxes and cardboard

All recycled items must be clean and dry. Food and liquids must be cleaned out of items prior to recycling.

NO

- Loose plastic bags or package wrap
- Broken/sharp glass
- Ceramic materials
- Cloth/clothing
- Food/yard waste
- Hazardous items
- Shredded paper
- Scrap metal
- Non-recyclable plastics
- Liquids
- Frozen food containers

Bark Post: A Monthly Column

By Amalee, Community Watchdog



Will You Be My Valentine?

February is a month for love, including the love between you and your pets. Not every pet gets to write a column like me, but every pet deserves love like me! We don't need a dozen roses, but if you're looking for ways to pamper us, here are 12 of my personal tips:

- 1. Why bake sugar cookies and end up eating them all when you can make home-made, heart-shaped pet treats! For some simple recipes, try web sites like this one: https://www.cesarsway.com/dog-care/nutrition/recipes-for-quick-and-healthy-dog-treats
- 2. If you don't bake, local shops like City Cakes and Ma and Paws Bakery sell gourmet pet treats.
- 3. For cats there is always fresh catnip or even wheatgrass, but did you know you can bake for them too? Sites like this show you how: https://www.care.com/c/stories/6291/10-easy-homemade-cat-treats-your-cat-will-love/

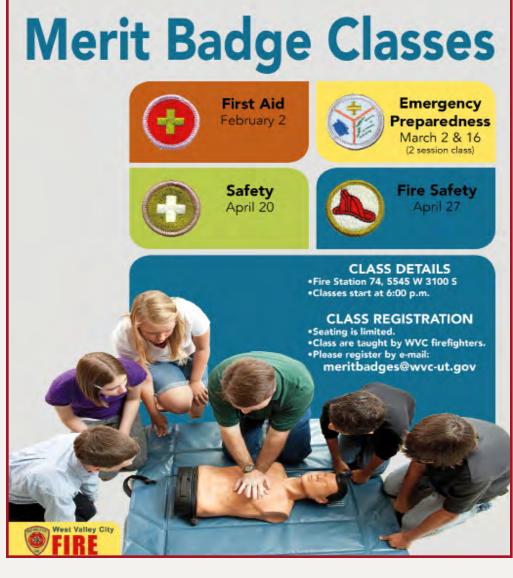
- 4. Regular exercise is essential, even in snow and slush. Try walking us somewhere new!
- 5. Did you know animal massage is a thing? No, we don't give massages—we receive them! There are professionals trained to do massage therapy on pets. Or, you can try your hand at massage using sites like this: http://moderndogmagazine.com/articles/how-massage-your-dog/2028
- 6. Aromatherapy for pets is also a thing. Essential oils can be calming and comforting. Just be sure to use them properly: http://www.huffingtonpost.com/richard-palmquist-dvm/pet-aromatherapy b 877199.html
- 7. Mental stimulation helps us stay happy even when you are away. Try calming music, videos for pet viewing, puzzle-based treat toys, and practicing new tricks.
- 8. Making sure we stay groomed and have our nails trimmed helps keep our spirits up.
- 9. We can't read Valentine's cards, but we'd love a new blanket, bed, sweater, toy, or treat.
- 10. For dogs who are social, try an off-leash dog park. Here are some options: https://www.bringfido.com/attraction/parks/city/salt_lake_city_ut_us/
- 11. Like you, your pet is happiest when you put down your phone, turn off the TV, and give them your full attention. Explore the snow with your dog or lounge in the sunlight with your cat.
- 12. The language of love is not lost on us. Praise us when we're good; forgive us when we make mistakes, and tell us you love us!

February is when we strive to shed the darkness of winter and focus on love. No matter how lonely a person is, your pet is always there by your side, happy to be your Valentine.

Thanks for listening, Amalee







Upcoming Events

February

- Be It Ever So Humble Exhibition (Through March 1) Utah Cultural Celebration Center
- 8 WVC Watch Wednesday: Mobile Patrol Training City Hall, 6 PM
- 8 Community Meeting with Chief Russo City Hall, 7 PM
- 9 Professional Standards Review Board Meeting (Citizens' Review Board) City Hall, 9 AM
- 20 President's Day Holiday City Offices Closed

March

- 1 Meet with Mayor Ron Bigelow City Hall, 4:30 - 6 PM
- 2 Emergency Preparedness Merit Badge Class (Part 1) Registration required; email meritbadges@wvc-ut.gov to register. Fire Station 74, 6 - 8 PM
- 8 WVC Watch Wednesday: Gangs & Graffiti Update City Hall, 6 PM
- 8 Community Meeting with Chief Russo City Hall, 7 PM
- 9 Professional Standards Review Board Meeting (Citizens' Review Board) City Hall, 9 AM
- 16 Emergency Preparedness Merit Badge Class (Part 2) Registration required; email meritbadges@wvc-ut.gov to register. Fire Station 74, 6 - 8 PM

For a complete list, visit www.wvc-ut.gov/events

Through **March 1**at the Utah Cultural Celebration Center

Free Admission

www.culturalcelebration.org

BE IT EVER SP HUMBLE EXHIBITION